

P.S.H.E

Autumn 2 Year 2

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

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| <u>Self and Relationships</u> | <u>Respecting Others</u> | <u>Healthy lifestyles</u> | <u>Keeping Safe</u> | <u>The World Around Us</u> |
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Respecting Others *Kind words and hands*

- R10. That bodies and feelings can be hurt by words and actions; that people can say hurtful things online.
- R11. About how people may feel if they experience hurtful behaviour or bullying.
- R12. That hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult.
- R13. To recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.
- R14. That sometimes people may behave differently online, including by pretending to be someone they are not.
- R15. How to respond safely to adults they don't know.
- R16. About how to respond if physical contact makes them feel uncomfortable or unsafe.
- R17. About knowing there are situations when they should ask for permission and also when their permission should be sought.
- R18. About the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually).
- R19. Basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe.
- R20. What to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard.

British Value:
The Rule of Law

| <u>Key Vocabulary</u> | | |
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| kindness | anti-bullying | appropriate |
| friendship | consent | actions |

Pupil Reflection:
