

# P.S.H.E

## Spring 1 Year 4



Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children to stay healthy and safe, understanding their relationships, academic, personal and social lives in a positive way.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
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**Keeping Safe:**  
*Actions and Consequences*

- H37. Reasons for following and complying with regulations and restrictions (including age restrictions); how they promote personal safety and wellbeing with reference to social media, television programmes, films, games and online gaming.
- H39. About hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do reduce risks and keep safe.
- L11. Recognise ways in which the internet and social media can be used both positively and negatively.
- L15. Recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images.

**British Value:**  
The Rule of Law

**Key Vocabulary**

restrictions	risk	permission
parliament	distribution	regulations

**Pupil Reflection:**

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