



PSHE

Spring 2 Year 1

Personal, Social, Health and Economic (PSHE) helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It helps children and young people to stay healthy and safe, understanding relationships and preparing them to make the most of life and work.

<u>Self and Relationships</u>	<u>Respecting Others</u>	<u>Healthy lifestyles</u>	<u>Keeping Safe</u>	<u>The World Around Us</u>
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Keeping Safe

Keeping ourselves safe

To know how to keep safe at home (including around electrical appliances) and fire safety.

To know ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely.

To recognise the people whose job it is to help keep us safe.

British Value:

Individual Liberty

Key Vocabulary

safety	hazard	permission
Green cross code	danger	harmful

Keeping safe: